



PII: S0959-8049(98)00300-1

## Original Paper

# Serotonergic Modulation of Cell Volume Response to Estramustine: an Image-analysis Study on Perifused Individual Glioma Cells

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A technique of microscopy with computerised detection of early morphological changes during continuous perifusion was used to monitor the geometry changes of cultured glioma cells (MG-251) when exposed to 40 mg/L estramustine phosphate (EMP) alone or in combination with granisetron (0.1 µmol/L), ondansetron (0.1 µmol/L), or serotonin (1 µmol/L). When the cells were exposed to EMP, cell volume measured as projected cell area (PCA) rapidly increased. Serotonin and ondansetron, but not granisetron, prevented the acute EMP response (PCA). Serotonin, but none of the 5-HT<sub>3</sub> receptor antagonists, protected against the cytotoxicity of EMP to the glioma cells as measured by a fluorometric microculture assay. Our results demonstrate hitherto unknown differences between selective 5-HT<sub>3</sub> receptor antagonist on the cellular response to EMP and shows the necessity to study the receptor antagonists from viewpoint of interference with the antitumour drug effects on malignant cells. The perifusion technique could be used to study the effects of serotonergic agonists and antagonists on cell volume regulation of cells exposed to anticancer drugs. © 1999 Elsevier Science Ltd. All rights reserved.

**Key words:** cell volume, cytotoxicity, estramustine, granisetron, microperifusion, ondansetron, potassium flux, serotonin

*Eur J Cancer*, Vol. 35, No. 1, pp. 145–153, 1999

## INTRODUCTION

CELL VOLUME regulation is essential in cell growth and proliferation and includes a balanced flow of organic solutes and ions through strictly regulated ion channels [1]. Previously we have shown a concentration-dependent increase in cell size following estramustine phosphate (EMP)-treatment of glioma cells [2] and that inhibitors of transmembrane ion transport could modify these EMP-induced cell volume increases [3]. The estramustine-induced increase in cell volume indicates membrane ion leakage, also shown from a decreased <sup>86</sup>Rb influx with a net flow of ions and water into the cell [2]. Cation transport mechanisms can be primary targets for antineoplastic drugs [4–6] as the cytotoxic activity of the drugs is altered by inhibitors of cation transport mechanisms at the level of the plasma membrane [7, 8]. Thus, it is possible that there are interactions between drugs

that influence transmembrane fluxes of cations reflected in cell volume changes and the cytotoxicity of antineoplastic drugs.

Some anti-emetics have been shown to modulate cytotoxic chemotherapy [9–11] and we have also previously shown that the anti-emetics, dicyclanil, metoclopramide, chlorpromazine and droperidol, sensitised cultured cells to cytotoxicity of epirubicin [12, 13]. Even the recently introduced effective anti-emetic and 5-HT<sub>3</sub> receptor antagonist, granisetron (but not ondansetron), was demonstrated to potentiate the cytotoxicity of epirubicin to cultured fibroblasts [14]. It is known that serotonergic and similar drugs are involved in the regulation of several important cellular processes [15]. As such we found it of interest to evaluate the interaction between EMP and the 5-HT<sub>3</sub> receptor antagonists, ondansetron and granisetron, using a new digitised image processing for rapid and precise measurements of cancer cell size and morphology.

## MATERIALS AND METHODS

### Cell culture

The human malignant glioma cell line, MG-251, was grown as a monolayer in Eagle's minimal essential medium

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Received 19 Apr. 1997; revised 9 Jul. 1998; accepted 14 Jul. 1998.

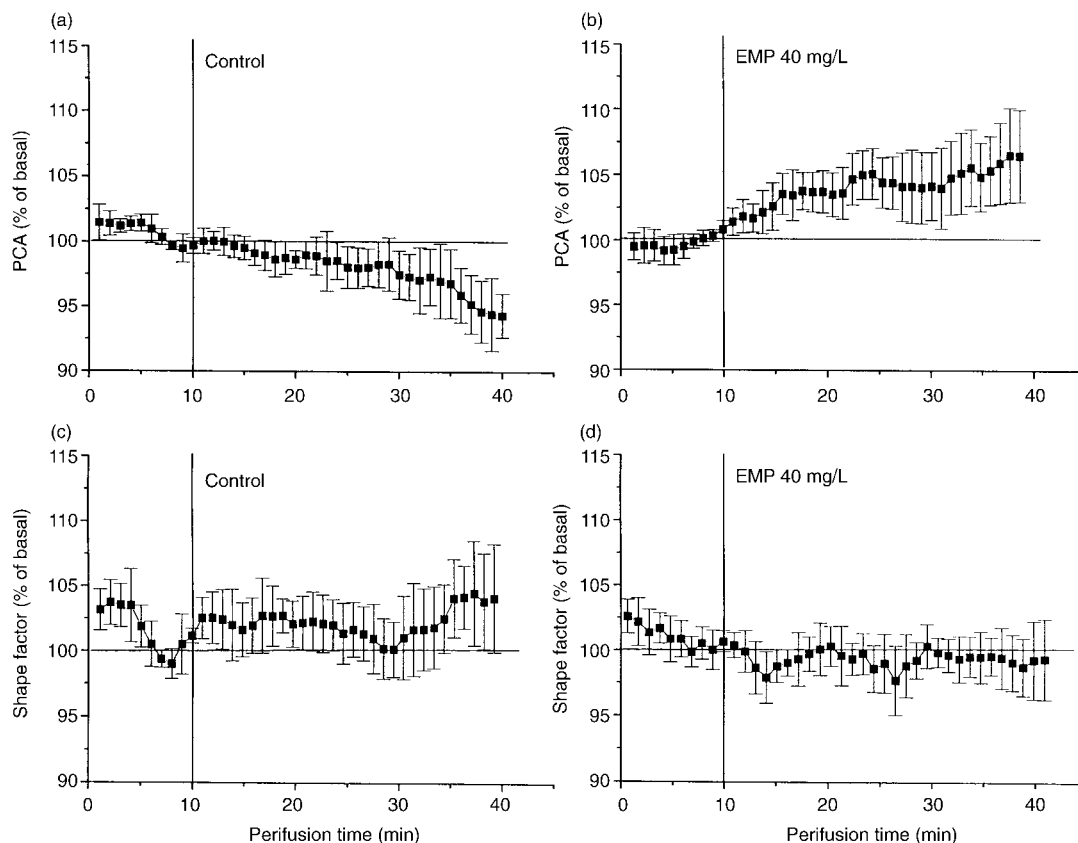
(MEM) supplemented with 10% fetal calf serum. The cells were incubated at 37°C in humidified atmosphere containing 5% CO<sub>2</sub>. Medium was changed three times a week. Cells were harvested by incubation with 0.2 mL EDTA (5.0 mmol/L) for 5 min followed by trypsin (0.1%). The cells were portioned into plastic tissue culture dishes containing basal medium and then kept under controlled conditions (37°C and 5% CO<sub>2</sub>) before usage. Estramustine phosphate (oestradiol-3-N-bis (chloroethyl) carbamate phosphate) was diluted in Eagle's MEM to appropriate concentrations and included in the incubation media.

#### *Experimental set-up for cell microperfusion*

The microperfusion device (ECZ-250, Carl Zeiss, Svenska AB, Stockholm, Sweden) consisted of a plastic frame, 75×25×4.5 mm with a thin bottom glass slide. At one end and at a 250 µm distance from the bottom, there is a smaller glass slide dividing two compartments; one cell compartment for perfusion (approximately 85 µL) and a larger medium reservoir (approximately 3.5 mL). The cell compartment is open towards the medium reservoir for medium to enter during perfusion. Evaporation from the reservoir was prevented by a glass cover. During a pause in perfusion, the medium reservoir is drained of untreated medium and a drug-containing medium is added. When the pump is restarted, the test medium is aspirated into the cell compartment with a sharply defined interface between the two media. By knowing the pump speed, the geometry of the cell compartment and the location of the cell (approximately 8 mm from the compartment entrance) the timing of cell exposure can be

predicted, here being of the order of 10 sec. Note, in this study and for best experimental reproducibility, this 10 sec delay was incorporated into the first minute of perfusion and thus the first 60 sec recording rather represents 50 sec of true drug exposure. A peristaltic pump (LKB 12000 Varioperpex, LKB AB, Bromma, Sweden) was used and connected in series with a flow vibration damper to prevent vibrations from the pump dislodging the cells in the chamber. The inverted phase contrast microscope, Zeiss Axiovert<sup>®</sup> (with oil objective lens 100/1.25), on which the microperfusion device was mounted, was equipped with a thermostatically controlled box and inlet media were preheated before entering the chamber reservoir in which the temperature was further stabilised prior to its entrance into the cell space. The technique has been used in previous reports on EMP effects on cultured cells [2, 3].

Cells were recorded continuously on the computer screen and with automatic, intermittent computer inputs. The morphology of individual cells was automatically measured by a computerised image analyser IBAS 25 (KONTRON Image Analysis Division, Zeiss, Oberkochen, Germany). The computer was programmed for automatic timing of the experimental phases, with one input per minute and separating untreated and test medium perfusions. One cell was measured during each perfusion experiment. The original images were stored on disc followed by a re-run after the experiment during which background subtraction, contour enhancement and object identification was performed. The image processing was semi-interactive in that the cell images were digitally identified but interactively edited for grey-scale and possible artefact of the cell contour. The microscope image produces



**Figure 1.** Dose-response curves for control cells (untreated medium only a,c), or EMP (b,d) on PCA (a,b) and shape factor (c,d) in human malignant glioma cells. After 10 min of basal medium perfusion the medium was abruptly changed to perfusion without/with EMP 40 mg/L for 30 min. Mean values  $\pm$  SEM. Number of cells analysed were 5 for control and 9 for EMP.

Table 1. The effect of estramustine on glioma cell geometry.

Parameters	(unit)	Control	EMP
Untreated mean 5–10 min	(%)	100	100
PCA			
Mean 10–40 min	(%)	97.90 ± 1.41	104.05 ± 1.93
Mean 20–40 min	(%)	97.25 ± 1.85	104.65 ± 2.31
Mean 30–40 min	(%)	96.13 ± 2.22	105.13 ± 2.76
Slope 10–20 min	(%/min)	−0.15 ± 0.08	0.33 ± 0.13
Slope 10–40 min	(%/min)	−0.17 ± 0.09	0.14 ± 0.10
Shape factor			
Mean 10–40 min	(%)	102.17 ± 2.16	99.32 ± 1.03
Mean 20–40 min	(%)	102.14 ± 2.31	99.27 ± 1.19
Mean 30–40 min	(%)	102.67 ± 2.94	99.35 ± 1.73
Slope 10–20 min	(%/min)	−0.00 ± 0.17	0.02 ± 0.21
Slope 10–40 min	(% min)	0.03 ± 0.09	−0.00 ± 0.07

Glioma cells were harvested and introduced into a perfusion chamber to measure the geometry of individual cells by computerised image processing. The geometric parameters in the table refer to the mean values and slopes of all tested cells during perfusion with or without estramustine phosphate (40 mg/L). The PCA and perimeter were measured by the computer to calculate the shape factor. Number of cells analysed were 5 for control and 9 for EMP.

an optical halo around the cell due to differences in refractive indices (cell/medium) and in which the true cell membrane is found. Instead of tracing the outer boarder of the halo, which would be technically easier, the digital image was inverted to measure the inner contour of the halo. The inner halo contour better follows the membrane irregularities and thus gives a better estimate of the true cell morphology.

The cell geometry was measured in terms of projected cell area (PCA) and perimeter shape factor (PSF). The PCA was the two-dimensional area of the cell whereas PSF was calculated by the computer from the PCA and the perimeter;

$$\text{Perimeter shape factor} = 4\pi\text{PCA}/(\text{perimeter})^2 \quad (1)$$

The PSF represents the roundness of the cell and for which the value 1.0 represents a perfect circular shape.

#### Experimental operation of perfusion

A small volume of cell suspension, approximately 50 µL, was injected into the slit entrance of the cell compartment and the cells were allowed to settle for 1 min before the perfusion with untreated medium (Eagle's MEM without fetal calf serum) was started. A cell was selected at random and perfused for 10 min after which time the pumping was stopped. The untreated medium in the reservoir was then exchanged for a test medium (containing 40 mg/L estramustine phosphate, 0.1 µmol/L granisetron, 0.1 µmol/L ondansetron, or/and 1 µmol/L serotonin) and the perfusion continued for another 30 min. During medium replacement and with the pump stopped, the cell remained in untreated medium to be exposed to the test medium only after the pump was restarted. This exposure becomes very distinct due to the sharp medium interface between basal and test medium that enters the cell compartment.

The baseline in each experiment denotes the PCA and shape factor, respectively, during the last 5 min basal perfusion (5–10 min). Data were normalised (100%) against the baseline.

#### Fluorometric microculture cytotoxicity assay

To quantify the effects of cytotoxic drugs on the cells, fluorescein diacetate (FDA) was used in a semi-automated fluorometric method [16]. FDA is membrane-permeable and is cleaved to fluorescent fluorescein by unspecific esterases in the cytoplasm of viable cells. Fluorescein is retained intracellularly. The amount of fluorescence correlates to the number of living cells.

Cells were harvested and plated in a volume of 100 µL at  $2 \times 10^4$  cells/well in 96-well microtitre plates using a multi-channel pipette. The plates were first incubated at 37°C for 24 h with culture medium only. Then medium was changed, drugs (0.1 µmol/L granisetron, 0.1 µmol/L ondansetron, 1 µmol/L serotonin, or/and 40 mg/L estramustine phosphate)

Table 2. The effects of serotonin, granisetron and ondansetron on glioma cell geometry. Glioma cells were harvested and introduced into a perfusion chamber to measure the geometry of individual cells by computerised image processing. The geometric parameters in the table refer to the mean values and slopes of all tested cells during perfusion with or without 40 mg/L estramustine phosphate (EMP), combined with serotonin (1 µmol/L), granisetron (0.1 µmol/L), or ondansetron (0.1 µmol/L). The PCA and perimeter were measured by the computer to calculate the shape factor. Number of cells analysed were 5 for serotoninergic drug alone and 5–11 with drug combined with EMP

Parameters	(unit)	Granisetron	Granisetron + EMP	Ondansetron	Ondansetron + EMP	Serotonin	Serotonin + EMP
Basal mean 5–10 min	(%)	100	100	100	100	100	100
PCA							
Mean 10–40 min	(%)	99.79 ± 1.29	104.04 ± 1.97	99.58 ± 1.19	99.70 ± 2.34	100.74 ± 1.80	99.93 ± 0.84
Mean 20–40 min	(%)	99.65 ± 1.61	105.17 ± 2.38	99.81 ± 1.50	99.72 ± 2.74	100.99 ± 2.07	100.19 ± 0.95
Mean 30–40 min	(%)	100.35 ± 2.23	105.90 ± 2.54	99.81 ± 1.65	100.18 ± 2.99	101.21 ± 2.14	99.77 ± 0.85
Slope 10–20 min	(%/min)	−0.21 ± 0.11	0.21 ± 0.31	0.22 ± 0.05	−0.03 ± 0.27	0.07 ± 0.21	0.14 ± 0.10
Slope 10–40 min	(%/min)	0.03 ± 0.10	0.22 ± 0.10	0.03 ± 0.06	−0.05 ± 0.10	0.05 ± 0.08	0.02 ± 0.04
Shape factor							
Mean 10–40 min	(%)	100.72 ± 0.55	97.96 ± 1.42	100.24 ± 0.98	95.06 ± 2.26	98.78 ± 0.75	100.81 ± 0.67
Mean 20–40 min	(%)	101.01 ± 0.53	97.64 ± 1.79	99.74 ± 1.14	94.69 ± 2.56	97.99 ± 0.99	100.86 ± 0.77
Mean 30–40 min	(%)	101.11 ± 0.46	97.48 ± 2.06	99.66 ± 1.08	94.61 ± 2.66	98.04 ± 1.39	101.49 ± 0.79
Slope 10–20 min	(%/min)	0.27 ± 0.19	−0.35 ± 0.31	0.091 ± 0.17	−0.49 ± 0.19	−0.17 ± 0.14	−0.01 ± 0.12
Slope 10–40 min	(%/min)	0.05 ± 0.01	−0.13 ± 0.10	−0.077 ± 0.05	−0.04 ± 0.07	−0.12 ± 0.07	0.03 ± 0.04

diluted in culture medium were added in triplicate and the cells were then cultured for another 48 h. Plates were then centrifuged (300–400 g, 5 min), medium removed by flicking the plate and wells washed once with 200  $\mu$ L PBS. To each well was then added 100  $\mu$ L of PBS containing 10 mg/L FDA, the plates incubated for 60 min at 37°C, followed by fluorescence determination using 485 and 538 nm for excitation and emission, respectively.

### Chemicals

Eagle's MEM and L-glutamine was from Gibco Ltd, Paisley, U.K. Fetal calf serum was purchased from Biochrom KG, Berlin, Germany. Ondansetron was from Glaxo Group Research, Greenford, U.K. and granisetron was from Smith-Kline Beecham Pharmaceuticals, Crawley, U.K. Serotonin (5-hydroxytryptamine, 5-HT) and fluorescein diacetate (FDA) was from Sigma Chemical Company, St Louis, Missouri, U.S.A. Estramustine from Pharmacia & Upjohn Sverige AB, Lund, Sweden. Cell culture 24 well cluster plates were from Costar, Cambridge, Massachusetts, U.S.A.

### Statistics

Results are given as mean and standard errors (SEM). For the evaluation of microperfusion data, a linear regression was calculated for each individual cell during test perfusion. The mean values and linear slopes were compared by using an unpaired Student's *t*-test with correction for unequal variance

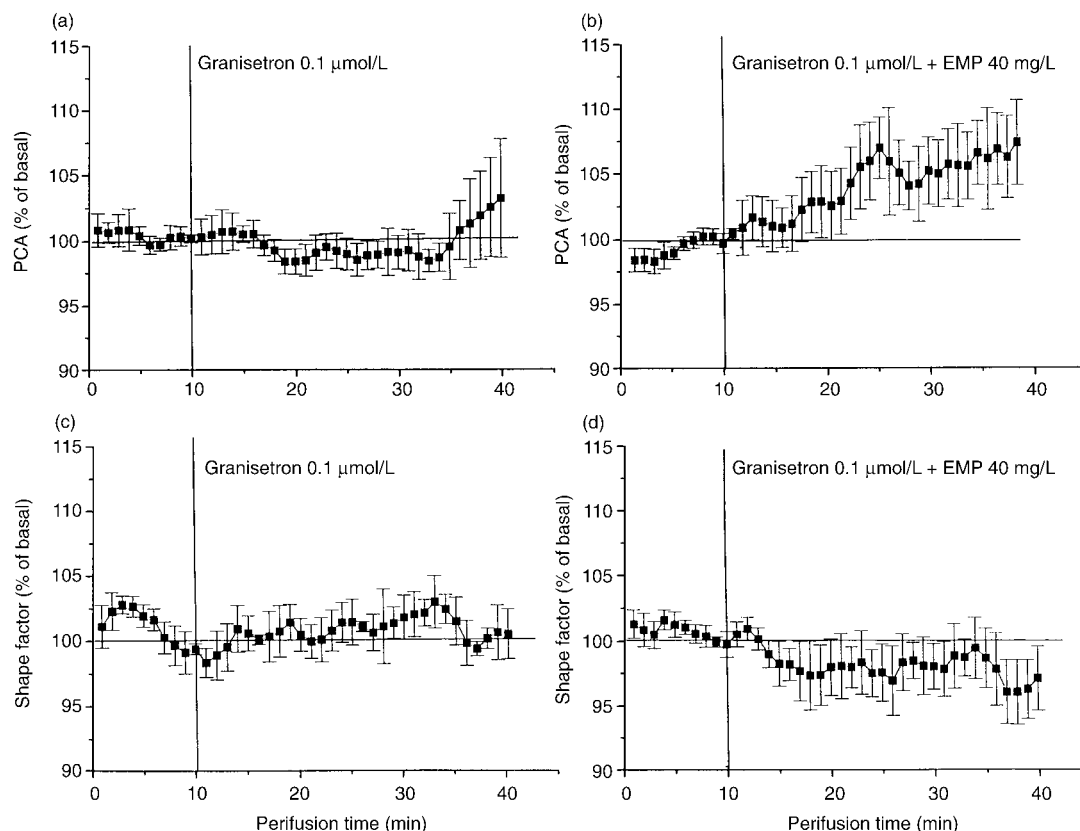
and numbers between groups. Statistical significance for the fluorometric cytotoxicity assay was tested with one-way Anova. The level of significance for rejecting the null hypothesis of zero treatment effect was taken to be  $P=0.05$ .

## RESULTS

### Control and estramustine

During control perfusion, there was a continuous decrease in PCA with time (Figure 1a); there was a significant difference between the starting PCA (5–10 min) and that after the following 30 min perfusion ( $P<0.05$ , Table 1). This produced a negative slope that did not reach significance ( $P<0.1$ ). When EMP (40 mg/L) was added, the PCA increased (Figure 1b). The slope during the initial 10 min test perfusion gave a significant positive increase ( $P<0.05$ ). Furthermore, there was a significant difference in PCA versus control, calculated for the last 10 min perfusion ( $P<0.05$ ). This EMP-induced difference was also confirmed by comparing the slopes to that of the control curve, for the initial 10 min ( $P<0.01$ ) and for the entire 30 min test perfusion ( $P<0.05$ ).

The shape factor showed fluctuations during basal medium perfusion but without significance (Figure 1c, Table 1). When EMP (40 mg/L) was added, the shape factor decreased, suggesting a more irregular cell contour. This occurred during the initial 5 min perfusion but did not reach high significance as it returned towards baseline (Figure 1d).



**Figure 2.** Effects of granisetron on PCA and shape factor and EMP-induced cell geometry change. Glioma cells were harvested and introduced into a perfusion chamber and the geometry of an individual cell was monitored by computerised image processing. After 10 min of basal medium perfusion, the medium was abruptly changed to either (a) granisetron 0.1  $\mu$ mol/L for PCA, (b) granisetron 0.1  $\mu$ mol/L plus EMP 40 mg/L for PCA, (c) granisetron 0.1  $\mu$ mol/L for shape factor, or (d) granisetron 0.1  $\mu$ mol/L plus EMP 40 mg/L for shape factor within the test-perfusion medium for 30 min perfusion. Mean values  $\pm$  SEM. Number of cells analysed were 5 for granisetron alone and 9 for granisetron +EMP.

*Granisetron and estramustine*

When granisetron alone ( $0.1 \mu\text{mol/L}$ ) was added to the untreated medium, no change in PCA was recorded, although, at the end of the perfusion (last 5 min) one of the tested cells increased in PCA to produce an apparent change (Table 2, Figure 2a). Except for the last 5 min perfusion, a modest decrease in PCA was seen with time, similar to that seen for the control curve. When EMP ( $40 \text{ mg/L}$ ) was added to the granisetron-containing medium an increase in PCA was recorded, close to identical with that for EMP alone (Figure 2b). This gave a positive PCA slope that nearly reached significance ( $P < 0.06$ ) and the mean PCA calculated for the last 10 min perfusion showed a significant increase ( $P < 0.05$ ).

Granisetron ( $0.1 \mu\text{mol/L}$ ) had no effects on the shape-factor response, in fact, all characteristics of the control and EMP curve was seen also when granisetron was added (Figure 2c, d). In terms of PCA and shape factor changes, granisetron showed no differences to that of EMP alone and appeared without effect on its own.

*Ondansetron and estramustine*

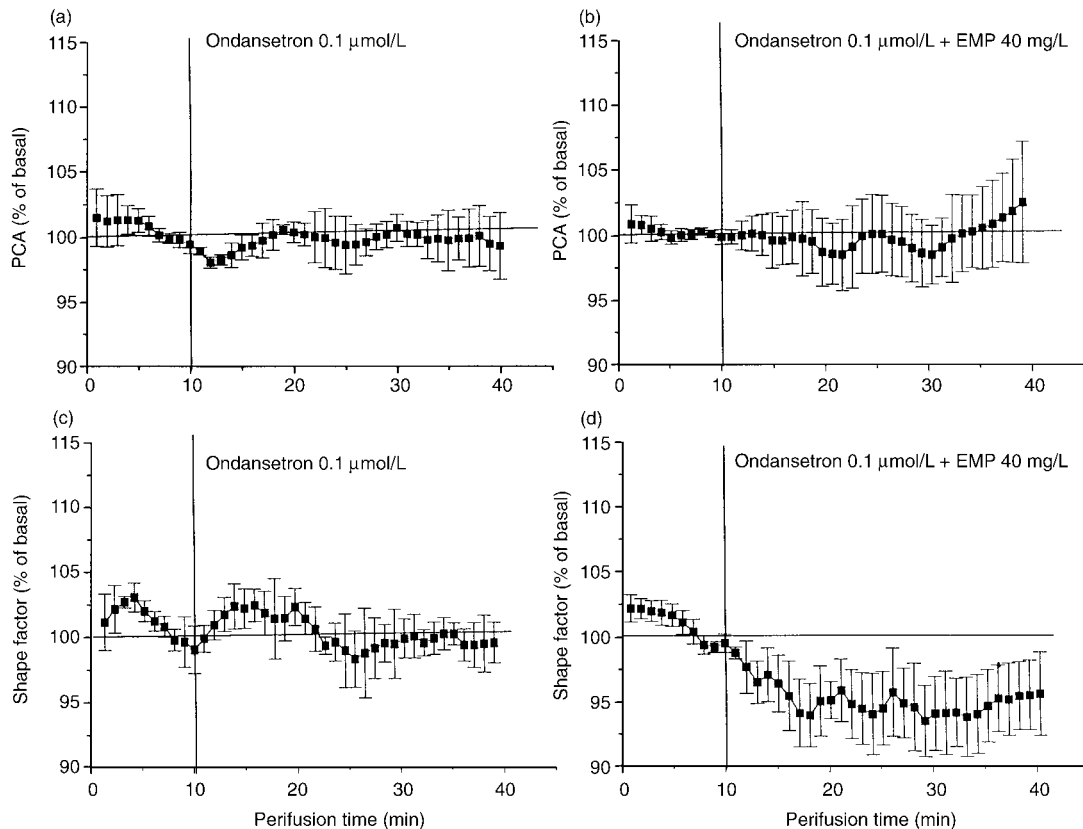
When ondansetron ( $0.1 \mu\text{mol/L}$ ) was added to the untreated medium the PCA showed an early decrease during the initial 3 min perfusion ( $P < 0.01$ , not indicated in table) and then increased so that the net slope for the initial 10 min became positive ( $P < 0.05$ , Table 1, Figure 3a). The PCA

then remained fairly stable during the remaining perfusion period. Because of fluctuations in PCA during the control perfusion, with a gradual decrease during the 10 min perfusion, the exact significance of the ondansetron-response remains unsure. However, the last recordings of PCA prior to medium shift seemed fairly stable and may, therefore, justify the above interpretations.

With ondansetron ( $0.1 \mu\text{mol/L}$ ) added to the medium, the EMP response with its significant increase in PCA, was abolished, in fact, the significant positive slope recorded during the initial 10 min of EMP perfusion became negative with ondansetron present (Table 1, Figure 3b). This possible difference caused by ondansetron was further strengthened by the shape-factor pattern (Figure 3d); when EMP was as added to the ondansetron-containing medium a steep negative slope was produced ( $P < 0.05$ ). When a mean shape factor value was calculated for the entire test perfusion, the difference from baseline was near significance ( $P < 0.06$ ). Further, with ondansetron present, a decrease in shape factor was seen with EMP versus with ondansetron alone (mean of entire test perfusion,  $P < 0.06$ ). This suggests an additive or potentiating effect of ondansetron on the cell geometric response to EMP.

*Serotonin and estramustine*

With serotonin ( $1 \mu\text{mol/L}$ ) added, the PCA remained unchanged compared with control during the 30 min obser-



**Figure 3.** Effects of ondansetron on PCA and shape factor and EMP-induced cell geometry change. Glioma cells were harvested and introduced into a perfusion chamber and the geometry of an individual cell was monitored by computerised image processing. After 10 min of basal medium perfusion, the medium was abruptly changed to either (a) ondansetron  $0.1 \mu\text{mol/L}$  for PCA, (b) ondansetron  $0.1 \mu\text{mol/L}$  plus EMP  $40 \text{ mg/L}$  for PCA, (c) ondansetron  $0.1 \mu\text{mol/L}$  for shape factor, or (d) ondansetron  $0.1 \mu\text{mol/L}$  plus EMP  $40 \text{ mg/L}$  for shape factor within the test-perfusion medium for 30 min perfusion. Mean values  $\pm$  SEM. Number of cells analysed were 5 for ondansetron alone and 11 for ondansetron +EMP.

vation period (Table 1, Figure 4a). The shape factor was not influenced by serotonin (Figure 4c). When serotonin was added to the EMP-containing medium, the EMP (40 mg/L) effect was abolished with a PCA that remained close to the baseline all through the perfusion (Figure 4b). The shape factor response of EMP was not affected by serotonin (Figure 4d).

#### Fluorometric microculture cytotoxicity assay

Granisetron (0.1  $\mu\text{mol/L}$ ), ondansetron (0.1  $\mu\text{mol/L}$ ) and serotonin (1  $\mu\text{mol/L}$ ) all decreased fluorescein fluorescence to approximately 82–85% of untreated control (Figure 5). Thus the serotonergic drugs showed a slight cytotoxic action *per se*. EMP (40 mg/L) *per se* reduced fluorescence to approximately 43% of control. When EMP was combined with granisetron (0.1  $\mu\text{mol/L}$ ) or ondansetron (0.1  $\mu\text{mol/L}$ ), the fluorescence was not changed in comparison with EMP alone. However, the addition of serotonin (1  $\mu\text{mol/L}$ ) to EMP, significantly increased the fluorescence to 56% of control (Figure 5). Thus, of the tested serotonergic drugs, only serotonin (1  $\mu\text{mol/L}$ ) significantly protected the glioma cells against EMP (40 mg/L) cytotoxicity.

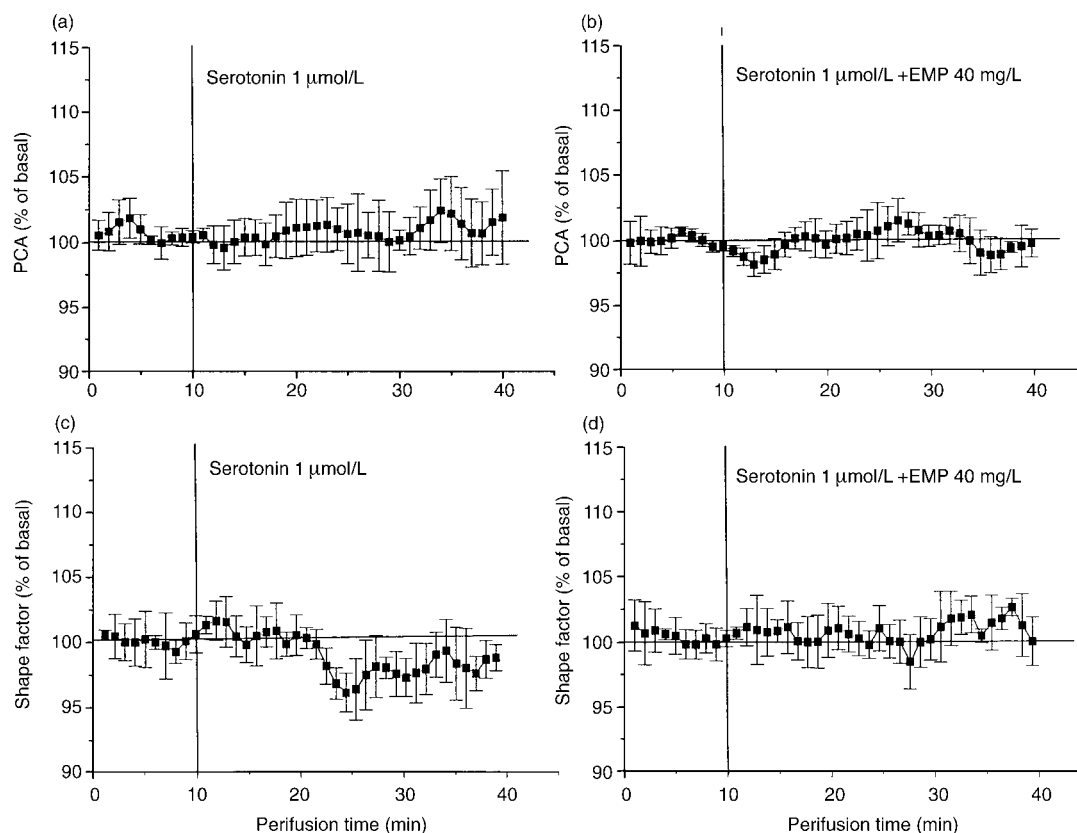
### DISCUSSION

In this study, it has been shown that the size of cultured glioma cells varies instantly when perfused with EMP. The cell volume, measured as projected cell area (PCA), rapidly increased when estramustine was added to the perfusion

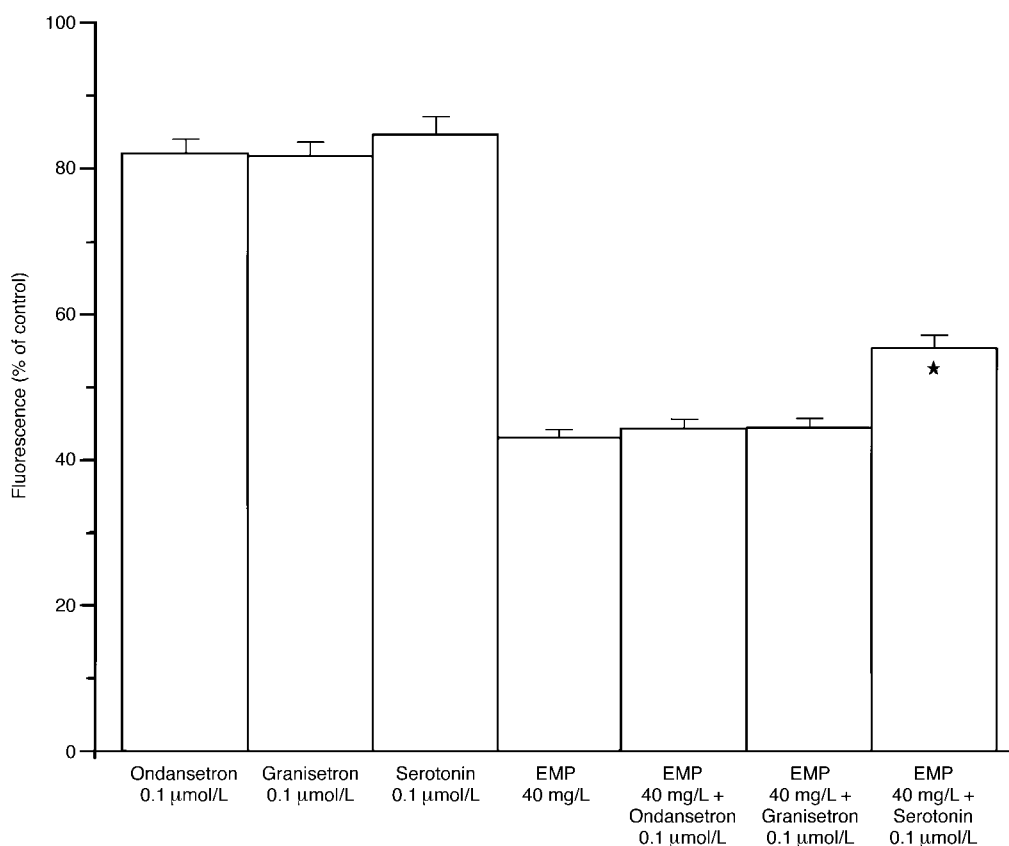
medium. Serotonin (5-HT) and the selective 5-HT<sub>3</sub> receptor antagonist, ondansetron, completely eradicated estramustine-induced PCA changes whereas another selective 5-HT<sub>3</sub> receptor antagonist, granisetron, had no effect. The selective 5-HT<sub>3</sub> receptor antagonists had markedly different effects on estramustine-induced PCA without affecting estramustine cytotoxicity.

An intact cell volume is known to be of critical importance for the preservation of cell functions including growth and proliferation which includes a balanced increase in cell content of organic solutes and ions and in cell membrane surface area. Transmembrane cations fluxes of non-specific nature or via different ion channels are part of important cell functions, such as maintenance of the membrane potential and intracellular pH and volume regulation in anisotonic media [1].

During chemotherapy, the use of anti-emetics such as granisetron and ondansetron is mandatory. Their anti-emetic activity is mediated through selective antagonism of 5-HT<sub>3</sub> receptors on vagal afferents and at the chemoreceptor trigger zone [17, 18]. Multiple 5-HT receptor subtypes have been characterised and some have been shown to possess ion channel activity. For instance, serotonin has been found to activate a cation conducting ion channel with approximately equal permeability to Na<sup>+</sup> and K<sup>+</sup> and 5-HT-induced currents were antagonised by ondansetron [19]. The 5-HT<sub>3</sub> receptor subunits form a pentameric cation channel that is selectively permeable to Na<sup>+</sup>, K<sup>+</sup>, and Ca<sup>2+</sup> ions and causing depolarisation [15, 20]. It would, therefore, not be surprising



**Figure 4.** Effects of serotonin on PCA and shape factor and EMP-induced cell geometry change. Glioma cells were harvested and introduced into a perfusion chamber and the geometry of an individual cell was monitored by computerised image processing. After 10 min of basal medium perfusion, the medium was abruptly changed to either (a) serotonin 1  $\mu\text{mol/L}$  for PCA, (b) serotonin 1  $\mu\text{mol/L}$  plus EMP 40 mg/L for PCA, (c) serotonin 1  $\mu\text{mol/L}$  for shape factor, or (d) serotonin 1  $\mu\text{mol/L}$  plus EMP 40 mg/L for shape factor within the test-perfusion medium for 30 min perfusion. Mean values  $\pm$  SEM. Number of cells analysed were 5 for serotonin alone or in combination with EMP.



**Figure 5.** FDA fluorescence from glioma cells after 24 h incubation in microculture with ondansetron 0.1 µmol/L, granisetron 0.1 µmol/L, or serotonin 1.0 µmol/L, with or without EMP 40 mg/L. After incubation culture plates were centrifuged, wells rinsed with PBS and FDA added. After 60 min further incubation, the fluorescence of each well was determined. Mean values  $\pm$  SEM.  $n=48$ , 4 separate experiments with 12 replicates each. \* $P<0.001$  compared with estramustine alone.

if serotonin or the selective 5-HT<sub>3</sub> receptor antagonists interferes with cell volume regulation and cellular effects of drugs such as estramustine, that also affects transmembrane cation fluxes. We have shown that ondansetron was inert and non-interactive with irradiation and several anticancer agents on human lung cancer cells and Chinese hamster fibroblasts, whereas granisetron potentiated the cytotoxic effect of epirubicin on fibroblasts and had a seemingly additive effect to estramustine cytotoxicity on lung cancer cells [15], the first time that potential clinical significant differences between the highly selective 5-HT<sub>3</sub> receptor antagonists had been suggested. At that time, pre-clinical studies had shown that ondansetron had a weak antagonistic activity on 5-HT<sub>1b</sub>, 5-HT<sub>1c</sub>, adrenergic  $\alpha_1$  and  $\mu$  opioid receptors whilst granisetron was supposed to be more selective than ondansetron with respect to 5-HT<sub>3</sub> receptors. However, both drugs have a selectivity ratio of approximately 1000:1 for the 5-HT<sub>3</sub> receptors with respect to any other type of receptor and, therefore, it was regarded unlikely that these minor differences would have clinical relevance [21,22]. To further strengthen the possibilities of clinical differences in the interaction of 5-HT<sub>3</sub> receptor antagonists and toxic agents, Toral and co-workers, using other toxic agents, showed that ondansetron had a unique ability to block voltage-gated potassium channels induced by 5-HT receptor selective neurotoxins of TE671 human neuroblastoma cells. This property was not shared with the other 5-HT<sub>3</sub> receptor ligands which led them to suggest that the potassium-channel-blocking activity was not mediated through 5-HT<sub>3</sub> receptors [20].

In a recent study, we found that bumetanide and furosemide, inhibitors of Na<sup>+</sup>, K<sup>+</sup>, Cl<sup>-</sup> cotransport and ouabain, an inhibitor of Na<sup>+</sup>, K<sup>+</sup>, ATPase, completely blocked the estramustine-induced cell volume increase [3]. We showed that acute changes in cell size correlated strictly with the concentration of estramustine in the perfusion systems. The Na<sup>+</sup>, K<sup>+</sup>, Cl<sup>-</sup> cotransport and Na<sup>+</sup>, K<sup>+</sup>, ATPase blockers were shown to have dramatic effects on cancer cell morphology and seemed to interact with the estramustine response. It, therefore, seemed possible that blockage of Na<sup>+</sup>, K<sup>+</sup>, ATPase and/or Na<sup>+</sup>, K<sup>+</sup>, Cl<sup>-</sup> cotransport activation by estramustine could affect morphological changes and cytotoxicity of the drug.

In this study, serotonin and the specific 5-HT<sub>3</sub> receptor antagonist, ondansetron, completely eradicated estramustine-induced PCA changes whereas another specific 5-HT<sub>3</sub> receptor antagonist, granisetron, had no effect on estramustine-induced increase of glioma cell volume. In contrast to both serotonin and granisetron, ondansetron also significantly reduced the shape factor of cells incubated with estramustine, i.e. decreased the roundness. We believe that these morphological effects are to be sought in diverging effects of the serotonergic drugs on cellular cation transmembrane transport systems. Our finding of ondansetron's ability to completely block EMP-induced volume increases could have an parallel in Toral and co-workers finding of ondansetron's unique ability to block voltage-gated potassium channels induced by 5-HT receptor selective neurotoxins of TE671 human neuroblastoma cells. This property was

not shared by the other 5-HT<sub>3</sub> receptor ligands, suggesting that the potassium-channel-blocking activity was not mediated through 5-HT<sub>3</sub> receptors [20]. Moreover, 5-HT induced currents of a murine neuroblastoma cell line was antagonised by ondansetron [19] and cation channels opened by 5-HT were blocked by ondansetron [23]. Data obtained in this work points to a strong possibility that ondansetron possesses a distinct potassium channel blocking activity and that this property differs from that of granisetron. This suggestion is supported by the fact that ondansetron completely abolishes the reduction of <sup>86</sup>Rb influx by estramustine alone whereas granisetron did not (data not shown). In contrast to results from previous studies [8, 15], the suggested relationship between estramustine-induced cell volume changes and cytotoxicity was not confirmed with this glioma cell line, as the selective 5-HT<sub>3</sub> receptor antagonists had markedly different effects on estramustine-induced PCA changes without affecting estramustine cytotoxicity. The previously observed correlation between estramustine-induced cell volume increase and cytotoxicity could possibly be related to the specific cell type studied. Further studies on cell volume regulation of other cell lines and its correlation to serotonergic modulation of cancer-drug cytotoxicity seem necessary before conclusions on the relationship could be drawn.

Estramustine is a complex between oestradiol-17 $\beta$  and the alkylating agent nor-nitrogen mustard and is widely used in the treatment of advanced prostatic cancer [24, 25]. Estramustine phosphate is specifically metabolised by glioma cells *in vitro* [26] and *in vivo* in rats [27] and humans [28]. In addition to an interaction with microtubules and related processes, it has also been suggested that estramustine cytotoxicity may involve a direct interaction with cell membrane components [12, 29–32]. It is, therefore, of interest to emphasise that the cytoskeleton has been found to be a modulator of ion transport and cell volume regulation, as ion exchangers and ion pumps are directly associated with the cytoskeleton [33, 34]. As we found diverging effects of the tested 5-HT<sub>3</sub> receptor antagonist drugs on both PCA and shape factor, the eventual effects on the cytoskeleton of the agents combined with estramustine could also be a future investigative line to follow.

The present study suggests that there exists an interaction between serotonergic drugs and the mechanisms regulating cell volume induced by estramustine as both serotonin and ondansetron prevented glioma cell volume increases induced by the anticancer drug. Further studies on serotonergic agents, interference with the antitumour efficacy of cancer chemotherapy are warranted, as are investigations of the interrelationship between serotonergic agonists/antagonists, ion flows, cytotoxicity and cell volume regulatory mechanisms under the influence of anticancer drugs.

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**Acknowledgements**—This investigation was supported by grants from the Swedish Cancer Society, the Lion's Cancer Research Foundation, Umeå and by Lundberg's Research Foundation, Gothenburg, Sweden.